



Loma Linda University Drayson Center Facility Rules and Regulations

Drayson Center members please read and sign that you understand the following:

Aquatics Policies:

Pool Rules:

- Facility users are allowed in swimming areas only when a lifeguard is on duty.
- Facility users must take showers before entering water.
- Swimmers must be 16 years of age or above to be in the swimming lanes.
- Diving is allowed only in designated areas.
- Food, drink, and glass containers are not permitted in the pool or on the pool deck.
(Food and drink are permitted in the picnic and grass areas)
- Alcoholic beverages, smoking, drugs, or similar substances are not allowed.
- Profanity and improper behavior are not allowed.
- Changing of clothing is not allowed on pool deck only in locker rooms.
- Chewing gum is not allowed while in the aquatics facility.
- Open wounds and band-aids or bandages are not permitted the water.
- Swimmers must wear appropriate swim attire.
- Sunscreen only is permitted; tanning oil and lotion are not allowed in water.
- Running, pushing, standing on shoulders, dunking, splashing, throwing persons or objects or rough play, etc. is not allowed.
- Toys such as squirt guns of any kind are not allowed.
- Water noodles kick boards, pull buoys, and water dumbbells are not allowed in pools unless for training use.

- Hanging on lane lines is not permitted.
- Spitting and blowing nose in water is not permitted.
- Flotation devices other than coast guard approved life vests are prohibited.
(exceptions are kick boards and pull buoys used for training purposes)
- No music without head phones.
- Failure to comply with these policies will result in a loss of drayson center privileges.
- Lifeguards have final interpretation of all rules.

Spa rules:

- Facility users are allowed in spa when a lifeguard is on duty.
- Shower with soap and water before entering the water.
- People with heart disease, diabetes, high or low blood pressure, seizures, epilepsy or other medical conditions are cautioned against using the spa.
- Pregnant women should seek their health care provider's approval before using a spa or hot tub.
- Must be 16 years of age or above to be in spa.
- Do not use the spa while under the influence of alcohol or other drugs.
- No diving, jumping or rough play in the spa or hot tub.
- Do not allow anyone to sit, play near or play with the drain or suction fittings.
- Secure or remove any loose or dangling items, including hair, swimwear and jewelry.
- Limit time in the spa to 20 minutes. Patrons then may shower, cool down and return again briefly. Prolonged use may result in nausea, dizziness, fainting or hyperthermia.
- Remove swim caps before entering the spa.
- Use emergency spa button in case of an emergency.

- Lifeguards have final interpretation of all rules.

Slide rules:

- Facility users are allowed on slide when a lifeguard is on duty for top and bottom stations.
- Slide riders must be at least 48" tall.
- One rider at a time, no exceptions.
- Maximum operational load is 300 pounds
- No flotation devices allowed on the slide
- Rider must wait for the attendant's signal before starting.
- Slide feet first in a laying or sitting position.
- After entering the catch pool, exit promptly.
- Swimwear with exposed zippers, buckles, rivets, or metal ornamentation is prohibited.
- Eyeglasses and goggles must be removed.
- Pregnant women and any person with heart condition or back trouble should not ride the slide.
- Water depth in the plunge pool is 3 ft. 6 in
- Riders must obey all lifeguards' instructions or risk losing water slide privileges.
- Emergency button is meant for emergencies only.
- Lifeguards have final interpretation of all rules.

Diving board rules:

- Patrons must wait their turn at the bottom of the ladder.

- One diver at a time is permitted on the board.
- The diving board is the only entrance to the diving area in the pool.
- Recreational divers must jump or dive using only one bounce.
- No running off the end of the board, handstands, sitting or back dives are permitted.
- Only jumping or diving straight off the end of the board is permitted.
- Jumping onto, into, or through flotation devices is not permitted.
- All divers must look before and wait until the area in the pool is clear and the lifeguard tells you to go.
- Immediately after diving, the diver surfaces and swims clear of the diving area.
- Climbing on the board is not permitted.
- All diving board equipment may be adjusted only by aquatics personnel.
- Any activities deemed unsafe by the aquatics personnel are not permitted.
- Adults are not permitted to catch children off the boards, they must be able to swim to the ladder unassisted.

Pool Area Rules:

- Lifeguards have final interpretation of all rules.
- Failure to obey any instruction or direction from the Aquatics staff may result in the suspension of membership privileges
- Drayson Center management and staff have final interpretation of all rules and policies.