

25040 STEWART STREET, LOMA LINDA, CA, 92354



LOMA LINDA UNIVERSITY

Drayson Center

POOL RENTAL AND POOL PARTIES

Host your company picnic, birthday celebration, church event, or end of school party at the Drayson Center's outstanding aquatic facilities.

Please contact us today : (909) 558-7233
Or visit our website: llu.edu/drayson-center

DRAYSON CENTER

AQUATICS

RECREATION GUIDE

2015



OPEN SWIM NOW AVAILABLE

8:00 PM–9:15 PM

IN ADDITION TO REGULAR OPEN SWIM HOURS
(SEE PAGE 16 FOR DETAILS)



SWIM—N—CINEMA!

WATCH MOVIES ON THE POOL DECK WHILE YOU SWIM!
(SEE PAGE 17 FOR DETAILS)

SCAN HERE FOR
DIGITAL
INFORMATION



SUMMER SESSIONS ONLY

KIDS LEARN—TO—SWIM

The American Red Cross Learn-To-Swim program is specifically designed to meet the age and skill level of your child. Your child will be tested and placed in the appropriate level for his/her ability. Each class is 40 minutes long and is taught Monday through Thursday.

DATES:

Session 1: June 22nd—July 2nd
Session 2: July 6th—July 16th
Session 3: July 20th—July 30th
Session 4: August 3rd—August 13th

TIMES:

9:00 AM, 9:45 AM, 10:30 AM,
11:15 AM,
5:45 PM, 6:30 PM, 7:15 PM

AGES:

4 years—17 years

FEES:

Member: \$48.00
Non-Member: \$58.00

Safety Swim Sunday: All participants must attend Safety Swim on the Sunday before their scheduled session start date. This allows us to place your child in the appropriate level for his or her abilities.

Safety Swim begins at 5:30 PM

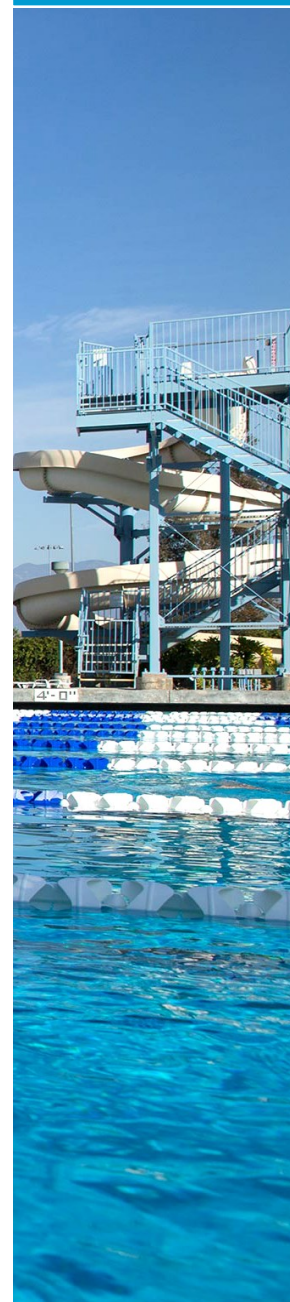
*If your child is participating in multiple Learn-To-Swim sessions in the 2015 Season, they will only need to attend *one* Swim Check-Off*

POOL RULES

FOR YOUR SAFETY....

- Absolutely NO running.
- Flotation devices other than Coast Guard approved life vests are prohibited.
- No diving: diving is only permitted in the diving board area of the lap swimming pool (6-12 feet).
- In order to ride the slide, you must be at least 48 inches tall. **NO Exceptions.**
- While riding the slide, you must maintain the position of feet first, laying back at all times. Spinning, riding head first, etc. is terms for dismissal.
- No climbing on the slide or waiting in the catch pool of the slide.
- No hanging or climbing on ropes, lane lines, or diving board.
- Sunscreen is highly recommended but should be applied at least 15 minutes prior to entering the water.
- Pushing, dunking, splashing, throwing objects, or rough-play is not allowed.
- No chicken fights or climbing on each other.
- Use of the facility's noodles, kickboards, pull buoys, etc. is prohibited.
- No one under the age of 16 is allowed to swim in the lap lanes.
- No one under the age of 16 is allowed in the spa.
- Swimmers must wear appropriate swim attire.
- Swim diapers are required for non-potty trained children.
- Open wounds and bandages are not permitted.
- Food is allowed only on the grass.
- No glass.
- No gum.
- No smoking.
- **Lifeguards have final interpretation of ALL rules.**

EFFECTIVE YEAR ROUND



For more information or to register, please call or visit the Membership Office at (909) 558-4275 (beginning March 16th, 2015)

For more information please visit our website:
llu.edu/drayson-center

OCT—APRIL
ONLY

FAMILY DAYS

Every Sunday during the school year is Family Day at the Drayson Center!

If you are a member, your spouse and/or children may use the facilities **FREE** on these Sundays.

**Sunday, October 5th, 2014
-through-
Sunday, April 26th, 2015**

Pool Hours: 1:00pm - 5:00pm

The Leisure Pool and Waterslide are **CLOSED**. They will re-open during **OPEN SWIM** hours in the summer season.

Children must be 16 or older to use the lap lanes or the spa

The following age categories may use...

17 & Under: Tennis and racquetball courts, basketball courts, superfield, outdoor track, and the shallow end of the lap pool.

Ages 18 & Up: All of the above, *plus* the weight and cardio rooms.

Children ages 17 and under MUST be accompanied by a parent at all times

****All information may be subject to change.****

PRE-SCHOOL SWIM LESSONS

Children are taught the fundamentals of swimming in a structured format through **water exploration, fun, and games**. Bobbing, bubble-blowing, floating on the front and back, kicking, arm strokes, and water safety are developed through a progressive approach. Each class is 25 minutes long and is taught Monday through Thursday.

DATES:

Session 1: June 22nd—July 2nd

Session 2: July 6th—July 16th

Session 3: July 20th—July 30th

Session 4: August 3rd—August 13th

TIMES:

12:00 PM, 12:30 PM,

5:10 PM, 6:30 PM, 7:15 PM

AGES:

3 years—4 years

FEES:

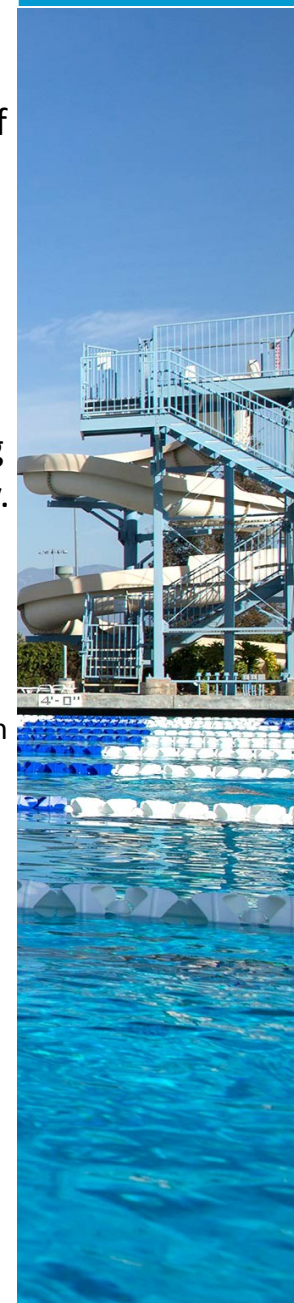
Member: \$48.00

Non-Member: \$58.00

If your child is not potty trained, they must be wearing a swim diaper at all times while in the pool.

Registration begins March 16th, 2015

SUMMER
SESSIONS ONLY



For more information please visit our website:
llu.edu/drayson-center

For more information or to register, please call or visit the
Membership Office at (909) 558-4275

BABY AND ME

The American Red Cross Parent / Child Aquatics Program is geared towards water exploration and is designed to provide a **safe and fun learning environment** through games, songs, and interactive play. Parents will participate in this class. Each class is 30 minutes long and is taught Monday through Thursday.

DATES:

- Session 1: June 22nd—July 2nd
- Session 2: July 6th—July 16th
- Session 3: July 20th—July 30th
- Session 4: August 3rd—August 13th

TIMES:

- 9:00 AM, 9:45 AM, 10:30 AM,
- 11:15 AM,
- 5:10 PM, 5:45 PM

AGES: 6 months—4 years

FEES:

- Member: \$38.00
- Non-Member: \$48.00

If your child is not potty trained, they must be wearing a swim diaper at all times while in the pool.

Registration opens March 16th, 2015

NEW! SWIM—N—CINEMA

Join us for family friendly movies on the pool deck! Bring your family and swim or enjoy the movie from our grassy area on the pool deck.

Open Swim admission fees apply

The show starts at 8:00 PM
by the Leisure Pool!

DATES AND MOVIES:

Wednesday, June 24th:

BACK TO THE FUTURE

Thursday, July 2nd

FINDING NEMO

Tuesday, July 21st

FERRIS BUELLER'S DAY OFF

Wednesday, August 12th

MONSTERS UNIVERSITY

Tuesday, August 18th

DESPICABLE ME

**Free popcorn for
the first 100
movie guests!**



SUMMER
SESSIONS ONLY

OPEN SWIM AND ADMISSION INFO

Open Swim Hours:

6/22/2015—8/13/2015

Sunday—Thursday: 1:00 PM—5:00 PM

AND

NEW Sunday—Thursday: 8:00 PM—9:15 PM

Leisure Pool ONLY for evening hours

8/13/2015—8/27/2015

Sundays: 1:00 PM—5:00 PM

AND

Monday—Thursday: 8:00 PM—9:15 PM

Leisure Pool ONLY for evening hours

Summer Admission

Day Pass: 1 Admission for \$5.00

\$2.00 after 8:00 PM

(ages 2 and under are free)

Children 13 and under must be accompanied
by a paid adult to enter.

All passes are Non-Refundable

Seasonal Pool Passes

****Full time benefited LLUH Employees, students, and their
immediate family are eligible for free seasonal passes****

Immediate family includes spouse and children under the age of 18 only

Member: \$45.00

Non-Member: \$50.00

Passes are valid 6/22/2015—8/27/2015

INFANT LEARN TO SWIM (ISR)

ISR is a nationally recognized **drowning prevention program** in which children are taught self-rescuing maneuvers that will help them in a drowning situation. If you have a pool or live near a pool or other body of water, this program could save your child's life.

As an added bonus, a child who enrolls in the ISR program as an infant will learn the correct posture for swimming early, which will facilitate learning at the next level.

Roll Back to Float Program (infants 6-12 months):

This is a basic **survival skill for infants** who are crawling.

Your child will be taught to rotate from a face-down position in the water to a back float. The baby will be taught to rest and breath on his or her back until help arrives. The typical infant will take approximately 4 weeks to attain these skills.

Swim-Float-Swim Program (children 1-6 years):

This series of skills is taught to children who have begun walking. Your child will be taught to swim face down with eyes open, roll on his or her back to float, rest and breath, then flip back over onto their stomach to continue swimming until they reach a point of safety. The typical child will take approximately 4-6 weeks to attain these skills.

FEES:

Member: \$99.00 / week

Non-Member: \$109.00 / week

Morning and Evening lessons are available.

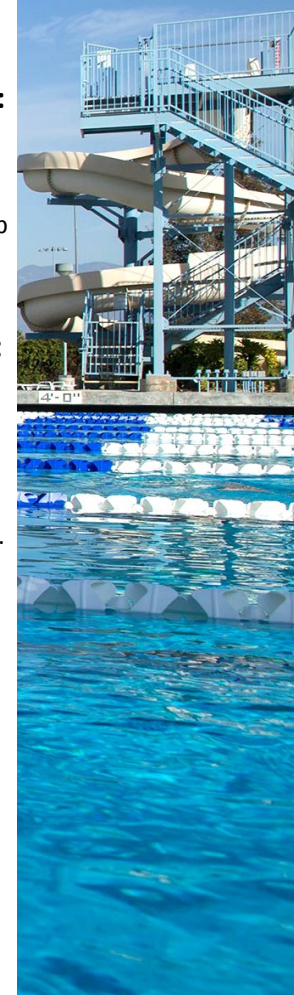
Lessons are held each day for 4—6 weeks*

depending on the program and the individual child

****Accommodations for individuals with
disabilities are available.****

Visit: socalwaterbabies.com

AVAILABLE
YEAR ROUND



For more information or to purchase a pass,
please visit the Membership Office

For more information or to register, contact
Cathryn Van Der Linden at (951) 251-5210

AVAILABLE
YEAR ROUND

PRIVATE SWIM LESSONS

Looking for one-on-one instruction for you or your child? Private lessons are the way to go! Our instructors are here to devote the necessary time to help you or your child succeed.

Semi-private lessons are also available for families with multiple children or friends who want to learn together! Each lesson is either 30 or 60 minutes.

Buy five 60 minute lessons and save!

DATES: Sunday through Friday
TIMES: *Please call for available times*
AGES: ALL Ages Approved!

FEES:	30 Minute	60 Minute	*Five 60 minute lessons*
1 Person	\$30.00	\$55.00	\$225.00
2 Person	\$37.00	\$65.00	\$255.00
3 Person	\$44.00	\$75.00	\$275.00

WSI CERTIFICATION

(Water Safety Instructor)

This class provides participants with the material, experience, and knowledge needed to conduct swim lessons or water presentations no matter what the age group.

All participants must be able to:

- Swim 25 yards of the following strokes: front crawl, back crawl, breast stroke, elementary backstroke, sidestroke, and butterfly
- Maintain a back float in deep water for 1 minute, floating or sculling
- Tread water for 1 minute

DATES: **Session 1:** May 4th—6th
Session 2: May 18th—20th

ALL CLASSES ARE MANDATORY

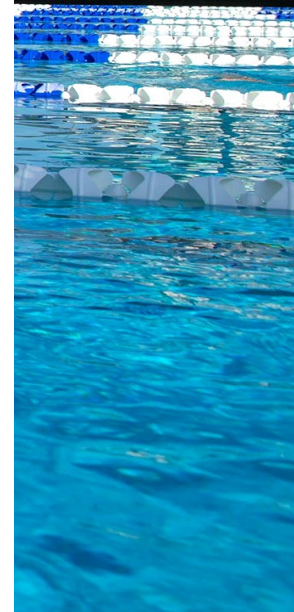
TIMES: 5:00 PM—9:00 PM

AGES: 16 years and older

all participants must be 16 years or older before the final day of the course

FEES: \$25.00 Non-Refundable deposit due upon registration
\$175.00 Payment due upon completion of the first class

SPRING
SESSIONS ONLY



For more information or to register, please call or visit the Membership Office at (909) 558-4275

Register for both Lifeguard Certification AND WSI for only \$300.00!

both classes must be completed in the 2015 season

SPRING SESSIONS ONLY

LIFEGUARD CERTIFICATION

Don't miss out on the opportunity to prepare yourself for a great summer job! Upon successful completion of our lifeguard training course, participants will be certified in Lifeguard Training, CPR for the Professional Rescuer, First Aid and AED.

All participants must be able to:

- Swim 300 yards continuously, using freestyle and breast stroke
- Starting in the water, swim using freestyle or breast stroke, surface-dive 10 feet, retrieve a 10lb object, return to the surface, swim 20 yards back to the starting point with the object, and exit the water without the use of the ladder or steps.
Must be completed in under 1 minute and 40 seconds
- Tread water for 2 minutes without the use of your hands

DATES: **Session 1:** March 29th, April 5th, and April 12th
Times: 8:00 AM—5:00 PM
Session 2: April 26th—April 30th
Times: Sunday: 8:00—5:00 PM
Monday—Thursday: 5:00 PM—9:30 PM
Session 3: May 3rd, May 10th, May 17th
Times: 8:00 AM—5:00 PM

ALL CLASSES ARE MANDATORY

AGES: 15 years and older

all participants must be 15 years or older before the final day of the course

FEES: \$25.00 Non-Refundable deposit
due upon registration
\$175.00 Payment due upon
completion of the first class

DIVING

In this introductory program, and emphasis is placed on developing confidence with a head first entry into the water. Once this is mastered, a hurdle approach is added. Whether your goal is to compete or just enjoy the sport, our course gets you started!

Students must have a basic understanding of swim skills. There will be four class sessions and each class meeting is 45 minutes long.

Child must be able to swim unassisted to the ladder in order to participate

DATES: Session 1: June 22nd—July 2nd
Session 2: July 6th—July 16th
Session 3: July 20th—July 30th
Session 4: August 3rd—August 13th

TIMES: Monday / Wednesday
or
Tuesday / Thursday
12:00 PM

AGES: 6 years—15 years

FEES: Member: \$48.00
Non-Member: \$58.00

SUMMER SESSIONS ONLY

For more information or to register, please call or visit the Membership Office at (909) 558-4275

For more information or to register, please call or visit the Membership Office at (909) 558-4275 (beginning March 16th, 2015)

ADULT SWIM LESSONS

It is never too late to learn! Our instructors will be more than happy to assist you in meeting your individual swimming goals, whether that is to become comfortable in and around the water, or to become a fluid swimmer. Each class is 45 minutes in length and is taught Monday through Thursday

DATES:
Session 1: June 22nd—July 2nd
Session 2: July 6th—July 16th
Session 3: July 20th—July 30th
Session 4: August 3rd—August 13th

TIMES: 7:45 AM & 8:00 PM

AGES: 18 years and older

FEES:
Member: \$48.00
Non-Member: \$58.00

Registration opens March 16th, 2015

JR. LIFEGUARD TRAINING

This program introduces participants to the skills and techniques utilized by lifeguards. As part of this program, participants will shadow a lifeguard as a deck observer during our Open Swim hours to fully experience lifeguard rotations.

Space is limited to 10 students per class.

All participants must be able to:

- Swim 25 yards of front crawl
- Swim 25 yards of breaststroke
- Tread water for 1 minute
- Swim a distance of 10 ft. completely under water

DATES:
Session 1: June 22nd—July 2nd
Session 2: July 6th—July 16th
Session 3: July 20th—July 30th
Session 4: August 3rd—August 13th

TIMES:
Monday—Thursday
9:00 AM—12:00 PM : Class work
12:00 PM—1:00 PM: Lunch
1:00 PM—3:00 PM: Shadowing

Friday
9:00 AM—12:00 PM: Class work

AGES: 10 years—14 years

FEES:
Member: \$150.00
Non-Member: \$165.00

Registration opens March 16th, 2015

SEPT—MAY
ONLY

PIRANHA FIT

This program promotes a healthy lifestyle through swimming. Swimmers will increase their fitness through endurance swimming and cardio exercise. Each class session is one hour, two times each week.

New Piranha Fit class sessions begin each month.

Evaluations are required for children under the age of ten

DATES: Monday / Wednesday
TIMES: 4:00—5:00 PM
AGES: 5 years—17 years
FEES: \$60.00

Sibling Discount: Any family with multiple children participating in any of the Piranha Programs is eligible for our sibling discount.

We also offer a 25% discount for any children enrolled in the **Assisted Lunch Program**. Proof of enrollment must be presented to use this discount.

Only one discount is allowed per child

Please see page 11 for details.

MASTER SWIM PROGRAM

Open to all adults: fitness, triathlete, competitive, and non-competitive! If you are dedicated to improving your **fitness through swimming**, then this is the class for you.

Coaches offer valuable training assistance with stroke technique and general instruction.

All sessions are run on a monthly basis, and begin the first weekday of each month.

CLASSES: Tuesday / Thursday with Coach Sarah
TIMES: 6:00—7:30 AM
FEES: Member: \$35.00 / month
Non-Member: \$40.00 / month

Monday—Thursday* with Coach Daniel
TIMES: 7:00—8:15 PM
FEES: LLU Students: \$35.00 / month
Community: \$50.00 / month

Only available September—May each year

AVAILABLE
YEAR ROUND

For more information or to register, please call or visit the Membership Office at (909) 558-4275

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AVAILABLE
YEAR ROUND



THE PIRANHA SWIM TEAM (AND OTHER PROGRAMS)

The Drayson Center hosts the Piranha Swim Team at our aquatics facility. Their goal is to provide a nationally recognized aquatics program that builds on a tradition of excellence by teaching and training all levels of swimmers. They aim to combine individual development with team unity, and focus on **teaching the values of wellness and good health, giving today's children a chance to become tomorrow's leaders.**

The Piranha Swim Team is divided into several different competitive swim levels: novice, bronze, silver, and gold.

Each child must be tested by the coaches and placed in the appropriate level before any payments are accepted. All Piranha classes are conducted on a monthly basis, all year round.

For more information please visit
thepiranha.org

PIRANHA FEES AND TRAINING SCHEDULE

	Fees	Sunday	Mon.— Thurs.	Friday
Novice Opt A	\$90.00 / Month	1:00 — 2:15 PM	4:30 — 5:30 PM	None
Novice Opt B	\$90.00 / Month	1:00 — 2:15 PM	5:00 — 6:00 PM	None
Bronze Opt A	\$110.00 / Month	1:00 — 2:30 PM	4:30 — 6:00 PM	None
Bronze Opt B	\$110.00 / Month	1:00 — 2:30 PM	5:00 — 6:00 PM	None
Silver	\$150.00 / Month	1:00 — 3:15 PM	4:45 — 7:00 PM	5:30 — 7:00 AM
Gold	\$180.00 / Month	1:00 — 4:00 PM	4:00 — 7:00 PM	5:30 — 7:00 AM

All times are subject to change. Please contact the Membership Office or visit thepiranha.org for the most up to date information

Sibling Discount

Any family with multiple children participating in any of the Piranha Programs is eligible for our sibling discount.

Children	Discount
First Child	Full Price
Second Child	25% Off
Third Child	50% Off
Each Additional Child	75% Off

We also offer a 25% discount for any children enrolled in the **Assisted Lunch Program**. Proof of enrollment must be presented to use this discount.

Only one discount is allowed per child

To register, please call or visit the
Membership Office at (909) 558-4275

AVAILABLE
YEAR ROUND

