

MEN/WOMEN VOLLEYBALL RULES

- 1. Each team must have a MINIMUM of four (4) players on the court to start a match. Once the match starts, less than four players may conclude the match in the event of an injury.
- 2. Matches will start promptly according to schedule. If a team is unable to start the match, the first game will be declared a forfeit after ten (10) minutes, and the match forfeited after an additional five (5) minutes.
 - <u>Option</u>: An unofficial game may still be played by rearranging the teams, if the time, officials and court time schedule permits.
- 3. RECEIVING SERVE: When receiving the serve, any clean hit will be allowed. A "bump" does not have to occure.
- 4. The ball may be played only three (3) times by one team in a volley and a player may not play it twice in succession, but may play it twice if it is played by a teammate in between. A "block" is not considered a contact by a player.
- 5. Players of the serving team must rotate clockwise when receiving the ball to serve. The player in the right back corner must serve. Substitution may enter at any position with referees permission. Illegal substitution will constitute in loss of serve.
- 6. The ball may be played in the adjacent court only if no other game is taking place on that court. Otherwise, the ball will be declared dead as soon as it crosses the sideline of the adjacent court.
- 7. The ball may be played off the ceiling as long as it does not travel over the net prior to, or after making contact with the ceiling.
- 8. Two time-outs may be taken by each team per game at any time that the ball is not in play. Time-outs are 30 seconds in duration and may be called in immediate succession. Unused time-outs may not be carried over to the next game.
- 9. Matches will consist of best two out of three games. Each game will be played under the "Rally Scoring" format (a point being scored on each volley). The team, which wins the point, gets the point regardless of which team served. The team that wins the point will hold service. The first two games will be scored to 21 points. If a third game is needed to be played, that game will be scored to 15 points, must win by 2 points with a "cap" of 21 points.
- 10. All serves that hit the net and go over will be in play.

Intramural Mission Statement

The Loma Linda University Drayson Center offers a wide variety of sports to reach as many needs and interests as possible. In order for these sports to be successful and enjoyable for all participants, Christian sportsmanship with concern for others will always be strongly encouraged. The intramural program is not designed to emphasize who is the "Greatest" or the "Best". Participants of all skill levels are welcome. The intramural program encourages a "competitive Christian spirit" emphasizing the *fun*, *fair*, *fitness*, *and friendship* attitudes of play in all of its programs. The only losers in our intramural program are those that choose not to participate.